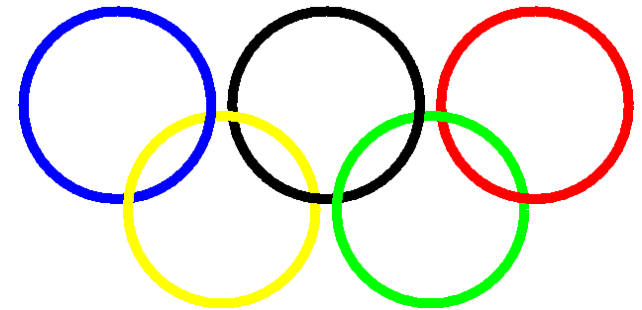


# Ancient Greece



## The Olympics





How many modern Olympic events  
can you list?



# Ancient Greece



- Ancient Greece was not one country but lots of **city states**.
- They called the land Hellas and themselves Hellenes.
- They shared the same language, religion and history but often argues and fought many wars amongst themselves..



# The Olympics



- The Olympics started around **776 BCE**.
- They were held in honour of their god **Zeus**.
- They took place every **4 years** in August or September at **Olympia**.
- The event lasted for about 5 days.

How is similar/different to today's Olympics?

- *Any wars going on between the City States were stopped during the games so all could take part!*

# The Olympics – Who could take part?

- Only *free-men* who spoke Greek could take part.
- *Women* had a separate games called the **Heraia** in honour of Hera, Zeus' wife.
- This was also held every **4 years** but in a different year to the Olympics.

What are your thoughts on the Heraia?





# The Olympics – Who took part?





# Horrible Histories

Watch this clip from Horrible Histories. Listen out for some interesting facts – Answer a few questions afterwards!

<https://www.youtube.com/watch?v=ut40l8vVmu8&safe=active>

# Horrible Histories



So what did you hear?

1. What did the runners wear in sprints?
2. Who was banned from watching the Games?
3. Which event involved soldiers running a long distance in full armour?
  - a) Hoplimaki
  - b) Javelin
  - c) Pankration
4. In the clip, why was Krugas declared the winner, despite being dead?



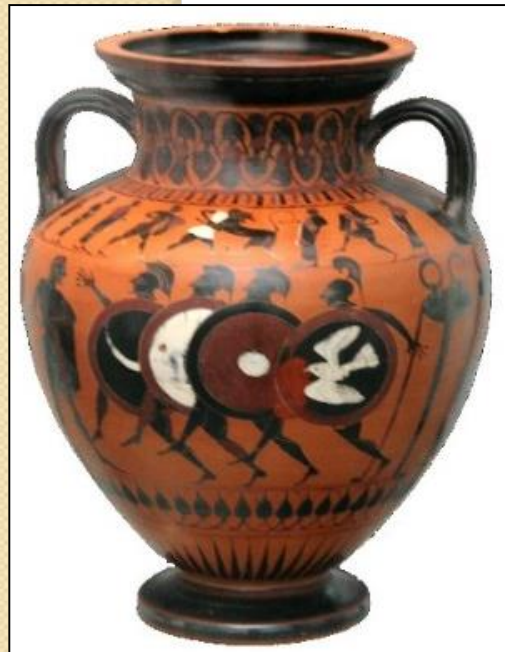
# The Olympics – Activity 1

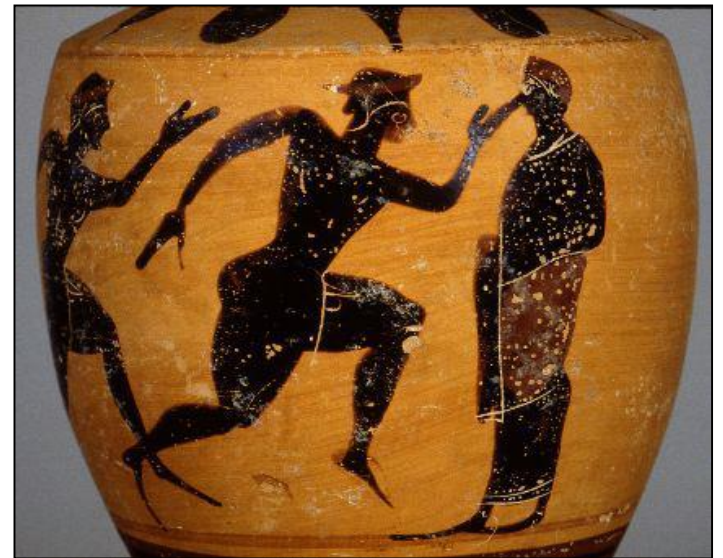
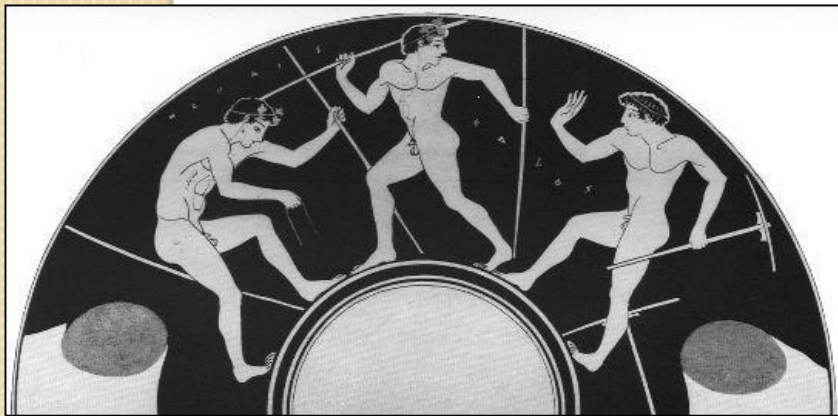


Look at the pictures from the Greek Olympics.

- Try to work out what each picture is showing.
- Write a caption explaining what is happening.
- How can you tell? What are you looking for? What clues are in the images?

# The Olympics – Activity I







# The Olympics - Events

- Wrestling.
- Boxing.
- Pankration – mix of boxing and wrestling.
- Trumpeting (yes really, and the loudest wins!).
- Pentathlon - jumping, discus, javelin, running and wrestling.
- Running.
- Chariot racing.
- Horse racing.
- Race in armour.

# The Olympics – Activity 2



- The events of the Pentathlon were designed to identify the perfect soldier, as they were all skills which could be used in battle: jumping, throwing weapons (discus and javelin), running and wrestling.





# The Olympics – Activity 2



- Your task is to design a Pentathlon which would identify the perfect school child!
- All the events should be skills which would be useful at school, from classroom talents to tricks you use in the playground or the dinner hall.
- For example, my Teacher Pentathlon would include: Speed writing (for marking books); Child hurdling (for when you are sat on the carpet); Hot tea drinking (for short breaktimes); Fastest hand claps (for getting your attention) and Synchronised stapling (for all the photocopying we do).

# The Olympics – Activity 2



See the separate sheet to write your ideas.

You could get your family to attempt a few and tweet us your events.

So what did you come up with? Time to share!

@CHJS