



CHJS RSE Curriculum Overview 2025
“Let Your Light Shine” Matthew (5:16)

Year	Autumn	Spring	Summer
3		<p>Valuing Difference and Keeping Safe</p> <ul style="list-style-type: none">• Body differences• Personal Space• Help and Support	
4		<p>Growing Up</p> <ul style="list-style-type: none">• Changes• What is puberty• Healthy Relationships	
5		<p>Puberty</p> <ul style="list-style-type: none">• Talking about Puberty• The reproductive System• Help and Support	
6		<p>Puberty, Relationships and Reproduction</p> <ul style="list-style-type: none">• Puberty and Reproduction• Communication in Relationships• Families, Conception and Pregnancy• Online Relationships	