

Shine a light on... **Kindness**



Spring 2 Half term



What the bible says about kindness?



At Church Hill, kindness is more than just something we talk about—it's something we do every single day. This half term, we're celebrating kindness in all its shapes and sizes, from tiny thoughtful moments to acts that make a big difference in someone's day. Kindness is choosing to be caring, friendly and considerate. It can be as simple as a smile, helping someone who has dropped their books, inviting a classmate to join your game or speaking gently when someone feels upset. Kindness means thinking about how others feel and doing something to make their day better.

It can spread quickly—one thoughtful act can inspire many more. When we choose to be kind, our classrooms become happier and more positive places to learn, where everyone feels included and respected. Children feel safer, listened to and valued, which creates an atmosphere where they are more confident to share ideas, ask questions and try new things. Kindness also helps us build strong friendships and develop trust with one another, making it easier to work together and solve problems as a team.

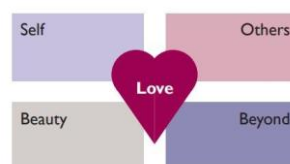
As kindness grows across our school, everyone benefits. It strengthens our community, helps us learn more effectively and encourages us to feel proud of the welcoming environment we create together.

We recognise kindness in the everyday moments that happen all around our school. It's there when pupils hold doors open for one another, showing thoughtfulness in small but meaningful ways. We see it when someone notices a friend who looks worried and takes the time to check in, offering comfort or a listening ear.

Kindness isn't just something we talk about - it is something we actively live out. It shows in our actions, in our words and in the way we treat one another, shaping a school environment where everyone can flourish.

Kindness also connects deeply with our sense of spirituality. It helps us understand ourselves better, notice the needs of others, appreciate the beauty around us and feel connected to something bigger than our everyday routines. When we show kindness, we honour the best parts of ourselves and help our school become a place of peace, respect, and wonder - reaching beyond ourselves to make the world brighter.

Later this half term, we will have the chance to show just that in a very real and practical way through our house fundraising events. By taking part by running an activity, taking part in one or by simply donating, we are choosing to help others and make a positive difference. Kindness grows when we share what we can, so look out for more details soon.



Homework activities

Choose one out of the 2 homework activities given below. It is to be handed in Friday 20th March.

Kindness Superhero Profile

Invent a superhero whose special power is kindness. Draw them. Give them a name, a costume, and a unique personality. Label it with a description of their powers in detail. What do they do to be kind to others? What makes their powers special? Explain how they help others by giving details of the types of situations where your superhero uses kindness to make a difference.

If you want to, you could even create a short story about one time your superhero used their kindness powers to solve a problem or help someone in need.

Kindness Challenge Bingo

Create a simple bingo grid with acts of kindness and complete as many squares as they can with their family over the week.

Create Your Bingo Grid - draw a simple 3×3 or 4×4 grid on a piece of paper. In each square, write a different act of kindness. Examples include help cook dinner, say something kind to a family member, hold the door for someone, or tidy a shared space.

Put your bingo sheet somewhere you'll see it every day - on the fridge, in your bedroom or in your homework book. Throughout the week, try to complete as many squares as you can. You can do these acts of kindness at home or when you're out with your family. When you complete a square, colour it in or put a tick or sticker on it.

Aim for Bingo! - Try to complete a full row, column, or diagonal—or challenge yourself to complete the whole board.

Share Your Kindness - At the end of the week, talk with your family about which kindness activities you enjoyed most and how they made you and others feel.