

# Vocabulary of emotions

	<b>sad</b>	<b>not important</b>	<b>afraid</b>	<b>confused</b>	<b>hurt</b>	<b>angry</b>
<b>strong</b>	<b>depressed</b> sad & gloomy	<b>inferior</b> feeling of being below somebody else's needs	<b>desperate</b> fear with a sense of urgency	<b>confounded</b> thrown into confusion	<b>devastated</b> painfully overwhelmed	<b>enraged</b> to be full of rage
	<b>desolate</b> feeling of lost hope/loneliness	<b>powerless</b> not having the control to change something	<b>distressed</b> great mental pain caused through fear	<b>rattled</b>	<b>abused</b> been treated in a painful way	<b>seething</b> having a surging temper
	<b>distressed</b> great mental pain	<b>worthless</b> opinion is not valued	<b>paralyzed</b> so scared - unable to move	<b>exasperated</b> irritated to a high degree	<b>betrayed</b> be let down by a trusted person	<b>furious</b> unrestrained energy
<b>medium</b>	<b>crest-fallen</b> drooping in spirits	<b>helpless</b> not having the control to change	<b>apprehensive</b> uneasy about something	<b>flustered</b> to confuse	<b>annoyed</b> to be bothered	<b>irate</b> to be full of anger
	<b>hopeless</b> feeling of lost hope	<b>insignificant</b> unimportant	<b>fretful</b> constant nagging worry	<b>disturbed</b> normal mental state is changed	<b>troubled</b> disturb the mental calm	<b>irritated</b> to be annoyed
	<b>melancholy</b> thoughts taken over by sadness	<b>unimportant</b> not meaning anything	<b>threatened</b> feeling of intended harm	<b>frustrated</b> feeling of not being satisfied	<b>wounded</b> being hurt/causing physical pain	<b>offended</b> have pain or distress caused deliberately
	<b>tearful</b> feeling of wanting to cry		<b>anxious</b> afraid of danger		<b>dismayed</b> sudden surprise	
<b>light</b>	<b>glum</b> silently feeling low	<b>weak</b> not very strong	<b>nervous</b> causing mental pain	<b>uncomfortable</b> causing irritation or pain	<b>let down</b> to disappoint	<b>ticked off</b> to be angry
	<b>disappointed</b> not meeting expectations	<b>unconvincing</b> seen as not being believable	<b>uneasy</b> not being able to rest	<b>unsettled</b> not being able to rest	<b>troubled</b> having problems	<b>irked</b> to be mildly annoyed