

Changes 2:      My life journey...

Please work with your child to think about some of the changes in their life. Why don't you share some of the things in your life with your child in the same way?

You might like to record some of your journey and then share them with each other.

Start at the top of the road with the date you were born. Write any important things in your life onto the road. These might include starting at school, changing school, brother or sister being born, meeting someone special, moving house or country, having your child.

**'I was born on ...'**

