



Changes 15.06.2020

It changed my life – an interview

Child

Ask the people in your family about some of the changes that have happened to them. Use the questions below or think of some of your own.

• What was the biggest change in your life?

Are you glad it happened?

How did you feel before this happened?

How long did it take you to get used to the change?

How did you cope with the change?

Did anything unexpected happen?

If you could have your life again, would you keep the change?

Why don't you draw some of the changes?

Or you might like to write down some of the things they did to help them cope.