



Church Hill C. of E. Junior School

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Headteacher: Mrs S.A.M. Kirk

Tuesday, 13th October 2020



Dear Parents & Carers,



Healthy Schools

Break Time Snacks

As we are a 'Healthy School' we advocate your child's break time snacks should reflect our school aim to recognise and encourage our pupils' good health and wellbeing.

Therefore, should you wish your child to have a snack at break, please ensure they only bring in healthy break time snacks such as fruit, crudites, a healthy cereal bar or rice cake which does not contain chocolate.

Children will not be permitted to eat any items from their lunchbox during break time.

If your child brings in any chocolate, sweets or any other snack deemed to be unhealthy they will be asked to keep it for consumption at home.

We would like to thank you in advance for your support in keeping our children healthy.

Yours sincerely,

M Sudera

Mrs M Sudera
Assistant Headteacher

Assistant Heads:
Mrs D. Brown
Mrs M. Sudera

Chairs of Governors:
Reverend T Day

