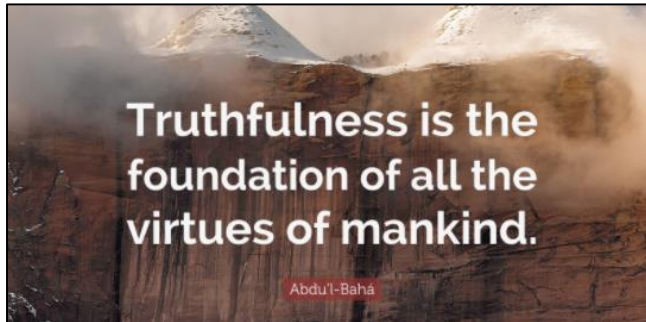


# Value for the fortnight!

14<sup>th</sup> to  
27<sup>th</sup> May



## Truthfulness



*"Whoever is careless with the truth in small matters cannot be trusted with important matters"*  
— Albert Einstein



What is Truthfulness or honesty? Many children think honesty means you "don't tell a lie" and speaking the truth is a big part of being honest. However, honesty means more than "not lying." Honesty means your actions are truthful too. If you have to hide what you are doing because you are trying to trick someone, you probably aren't being honest. So honesty is about both speaking and acting truthfully.

Here are some ways in which we can do this.

- telling the truth based on what actually happened, based on facts and real things
- telling the whole truth, and not leaving out parts in order to hide something you know is wrong
- acting in a way that is truthful and doesn't hide the truth or trick others

*If you would like to share how you've done this, email your class teacher and you will get 5 House Points.*

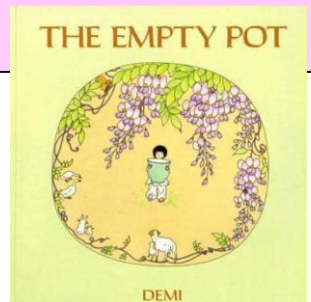
*It could even be shared in celebration assembly with Mrs Kirk!*

*With your family, complete the attached sheets thinking about possible consequences. Try to make some guidelines about telling the truth in your home!*

*Read the story – The Empty Pot. Here is a link to hear the story read aloud!*

*<https://www.youtube.com/watch?v=a9K-sAKdk2Y>*

*Create a poster or write a story to show the importance of being truthful. Be as creative as you can – it would be lovely to have some on display!*



**Parents – help your child with this 'cake' activity**

You will need plain cake, icing and salt.

Give everyone a small bowl of plain cake and have them taste it. Ask them how it tastes.

Next, explain that lying has the potential to ruin good things. Your child will then need to add some salt on their cake, and taste it again. It will probably not taste good!

Finally, have them cover the salt with icing and taste it once again.

Explain that the salt is like telling a lie, even if you do something good after you lie, you can never undo the damage you caused. Dishonesty cannot be covered up and forgotten about.



*With your family, complete the following sheet thinking about possible consequences. Try to make some guidelines about telling the truth in your home!*

2

I've done something really bad. My conscience is plaguing me!

WHAT WILL YOU DO?

Keep quiet about it.

Talk to a parent or mature adult

Possible negative consequences of keeping quiet:

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Possible positive consequences of talking to someone:

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"If you cover up your mistake, you will never have a clean conscience, and that is a horrible feeling. Plus, when the truth does come out—and it always does—it will just make things worse."



—Carly.

With your family, complete the following sheet thinking about possible consequences. Try to make some guidelines about telling the truth in your home!



3

Hey! Give me the answer to this question on the test!

### WHAT WILL YOU DO?

**Give in;** after all, you don't want to appear self-righteous.

**Refuse to cheat,** no matter what your classmate thinks.

Possible negative consequences of helping your classmate cheat:

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Possible positive consequences of refusing to help your classmate cheat:

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"Dishonesty is like a drug. If you keep being dishonest, it turns into a habit. Then it becomes a part of you."



—Karen.