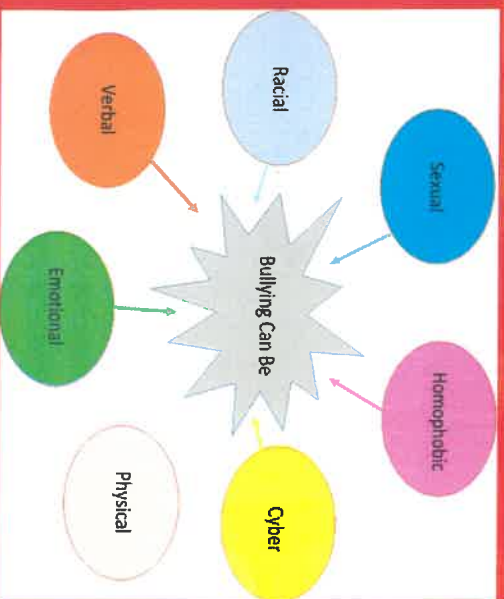


What is Bullying?

A bully is someone who hurts someone else several times on purpose, by saying or doing things that frighten or upsets them.



Verbal: Name calling/teasing.

Physical: Hitting, kicking, pushing and any physical contact.

Cyber: Using technology/internet, mobile phones and social media.

Emotional: Hurting people's feelings by leaving them out, bossing them about or giving off poor body language.

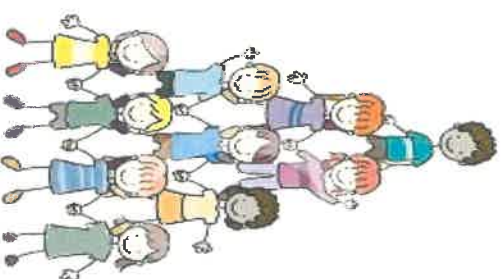
People can be bullied for lots of reasons eg: race, religion, culture, disability, appearance, gender and home circumstances.

NO TYPE OF BULLYING IS RIGHT OR ACCEPTABLE!!!

Church Hill Junior Schools Aims:

- We will work as a team to S.T.O.P bullying.
- We will make our school a safe, happy and friendly place to be.
- Respect and understand each other's views.

Together
Everyone
Achieves
More



THINK:

T = is it True?
H = is it Helpful?
I = is it Inspiring?
N = is it Necessary?
K = is it Kind?



If it is none of the above, is it worth saying???

Church Hill C of E Junior School



Church Hill's
Child Friendly
Anti-Bullying Policy

W:churchhill-jun.leics.sch.uk
t:@churchhilljs

When is it Bullying?

Several
Times
On
Purpose



What our school can do to help.

- Treat bullying seriously.
- Work with all the children involved.
- Find a way to make it **STOP** so that everyone can feel safe and happy in school.



What to do if you are being bullied.

Do:

- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Act as though you don't care about what they say or do.
- Remember it's **NOT** your fault, and you are **not alone**.
- **Tell someone.**



Don't:

- Get upset and cry
- Give them what they want
- Get angry
- Hit out

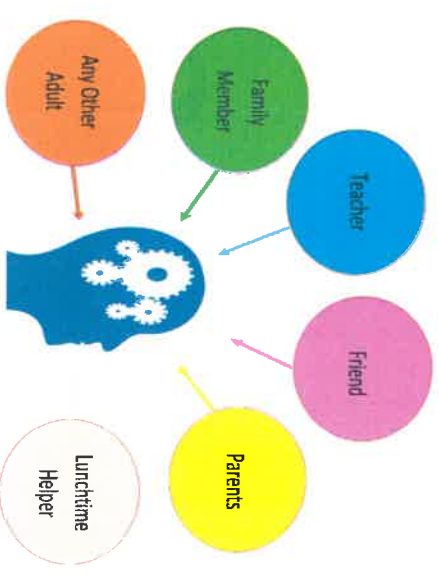


AND DON'T KEEP QUIET ABOUT IT

What should I do if I see someone being bullied?

- Tell an adult what you have seen.
- Tell the bully to STOP if it's safe to do so.
- Don't walk away and ignore the bullying.
- Don't stay silent or the bullying will keep happening.

Who can I tell?



What should I do if I think I'm being bullied?

Start
Telling
Other
People

