

# Shine a light on...

4<sup>th</sup> February



## Individual liberty

*Liberty is the right to choose. Freedom is the result of the right choice.*

What does the Bible say about liberty?

Live as people who are free, not using your freedom as a cover-up for evil, but living as servants of God. Honour everyone.  
(Peter 2:16-17)



“  
THE SECRET OF  
HAPPINESS IS  
FREEDOM, AND THE  
SECRET OF FREEDOM,  
courage.”

*Individual liberty means being free from oppression (the act of having power over someone in a cruel or unfair manner) or restrictions by the government or power.*

*It is often described as "the right to believe, act and express oneself freely." Individual liberty concerns the protection of your rights and the rights of others.*

*Having liberty means that we can decide lots of things about our lives - people can be free in what they do, where they go, what they eat or what they speak. Having liberty also means that people have the freedom to make choices about their clothes, food, and their way of life. Individual liberty does not mean you are free to do what you want. It means you are free to do what's right.*

*Next week is Children's Mental Health Week (7-13<sup>th</sup> Feb). Why not look at some of the activities on the next page to discuss how the value of individual liberty can support your child in being their contented, fulfilled selves.*

Remember to send in examples of activities that you have done that show you have understood individual liberty.  
10 house points for every piece received!

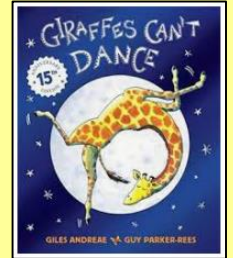
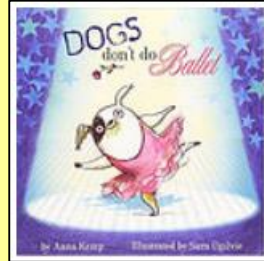
Share this book with your family.

<https://www.youtube.com/watch?v=iGPMbdGctdY>

Discuss the 16 rights that are protected in the UK.

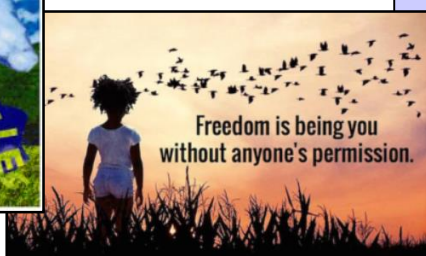
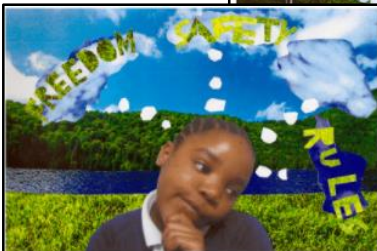


You could also share these stories...



*What does Individual Liberty mean to you?*

*Chilwell Croft Academy in Birmingham, set their children a task to produce some artwork to show this. Here are some of their efforts. Could you do something similar?*



**Write a poem to show what Individual Liberty means to you. Here is an example:**

### Finding Freedom

Finding freedom  
Finding hope  
Finding what was lost  
Inside of me

Searching for a spark  
Searching for a flame  
Searching for the brightness  
Inside of me

Chasing the rainbows  
Chasing the dreams  
Chasing all the courage  
Inside of me

Looking for a way  
Looking for a path  
Looking for a future  
In front of me