



\*Please follow the dates to find out which menu your school is on each week

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY




**week 1\*** 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December, 2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE	<b>NEW</b> Organic Beef Chilli	<b>NEW</b> Toad in the Hole	Roast Loins of Pork & Apple Sauce	Margarita Pizza	Fish Fingers or Salmon Fingers
OPTION TWO	<b>NEW</b> Homemade Vegetable Pasty	Vegetarian Sausage Toad in the Hole	<b>NEW</b> Cheese & Baked Bean Slice	Roasted Pepper Pizza	Quorn Dippers
OPTION THREE	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets
CARBS	Fluffy Rice Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	<b>NEW</b> Rhubarb & Custard Cake Strawberry Whip	<b>NEW</b> Apple Berry Fool Shortbread Biscuit	Oatie Fruit Crunch & Custard Cheese & Biscuits	<b>NEW</b> Dutch Apple Cake Iced Bun	Vanilla Ice Cream Flapjack

**week 2\*** 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December, 2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE	<b>NEW</b> Organic Minced Beef Casserole with Dumplings	Roast Chicken & Stuffing	Sausage in Onion Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	<b>NEW</b> Vegetable Casserole with Dumplings	Roast Quorn Fillet & Stuffing	Vegetable Sausage in Onion Gravy	<b>NEW</b> Leek & Butter Bean Crumble	Vegetable Nuggets 
OPTION THREE	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets
CARBS	Roast Potatoes Potatoes in Skins	Parsley Potatoes ½ Jacket Potato	Creamy Mashed Potatoes Pasta in Tomato Sauce	Garlic Bread Potatoes in Skins	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	<b>NEW</b> Banana Cake Berry Cheesecake	Chocolate Sponge & Chocolate Sauce Butterscotch Whip	Lemon Drizzle Cake Oat Cookie	<b>NEW</b> Orange Jelly with Mandarins Cherry Shortbread	Strawberry Ice Cream Crispy Cake

**week 3\*** 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December, 2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	<b>NEW</b> Roast Beef & Yorkshire Pudding	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers
OPTION TWO	Roasted Vegetable Pasta Bake	Margherita Pizza	<b>NEW</b> Mixed Bean Tagine 	Creamy Vegetable Pie	Vegetable Fingers 
OPTION THREE	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets	A choice of sandwiches / Jackets
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes Roasted Vegetable Cous Cous	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes in a Homemade Tomato Sauce
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	<b>NEW</b> Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie	<b>NEW</b> Banana Cupcake <b>NEW</b> Fresh Fruit salad 	Rice Pudding Orange Drizzle Cake	<b>NEW</b> Apple Sponge & Custard Chocolate Crunch Cookie.	Vanilla Ice Cream Cherry Shortbread