



Church Hill C. of E. Junior School

Church Hill Road - Thurmaston - Leicester - LE4 8DE

☎ 0116 2692509

✉ parentresponse@churchhill-jun.leics.sch.uk

🌐 <http://www.churchhill-jun.leics.sch.uk>

Headteacher: Mrs D. Brown

April 2022



Dear Parents/Carers,

Re: No Nuts

Nut allergy is the second most common food allergy in children and this is increasing.

As we have several pupils and staff members in school who suffer from both airborne and contact nut allergies please could I take this opportunity to remind everyone that our school has a "No Nuts Policy."

For those pupils and staff, if they were to come into contact with a nut product, they could suffer life threatening consequences.

We ask that you **do not** provide the following foods in your child's lunch box:

- Fruit and cereal bars that contain nuts
- Chocolate bars, cakes, biscuits or sweets that contain nuts
- Sesame seed (although not from the nut family, they contain proteins that resemble the proteins in nuts which can trigger an allergic reaction)
- Chocolate spread
- Peanut butter
- Nougat
- Any whole nuts

Our lunchtime supervisors will be making regular checks on the children's lunches to ensure these rules are being followed. If whole nuts or any foods containing nuts are found to be in your child's packed lunch or breaktime snack, they will be asked to keep it in their bag until they return home.

If there are any issues that you feel arise as a result of this policy, please do feel free to come and see me to discuss them.

Please help us in providing a nut free school. Many thanks for your support.

Mrs Sudera

Mrs M Sudera
Assistant Headteacher

Deputy Headteacher:
Mrs M. Sudera

Let Your Light Shine
Together Everyone Achieves More



Chair of Governors:
Reverend T Day

