

What is Truthfulness or honesty? Many children think honesty means you "don't tell a lie" and speaking the truth is a big part of being honest. However, honesty means more than "not lying." Honesty means your actions are truthful too. If you have to hide what you are doing because you are trying to trick someone, you probably aren't being honest. So honesty is about both speaking and acting truthfully.

Here are some ways in which we can do this.

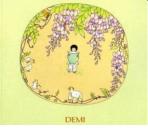
- telling the truth based on what actually happened, based on facts and real things
- telling the whole truth, and not leaving out parts in order to hide something you know is wrong
- acting in a way that is truthful and doesn't hide the truth or trick others

If you would like to share how you've done this, bring it in and you will get 10 House Points. It could even be shared in celebration assembly with Mrs Brown!

With your family, complete the attached sheets thinking about possible consequences. Try to make some guidelines about telling the truth in your home!

Read the story - The Empty Pot. Here is a link to hear the story read aloud! <u>https://www.youtube.c</u> om/watch?v=a9KsAKdk2Y THE EMPTY POT

Create a poster or write a story to show the importance of being truthful. Be as creative as you can – it would be lovely to have some on display!



Parents – help your child with this 'cake' activity You will need plain cake, icing and

salt.

Give everyone a small bowl of plain cake and have them taste it. Ask them how it tastes.

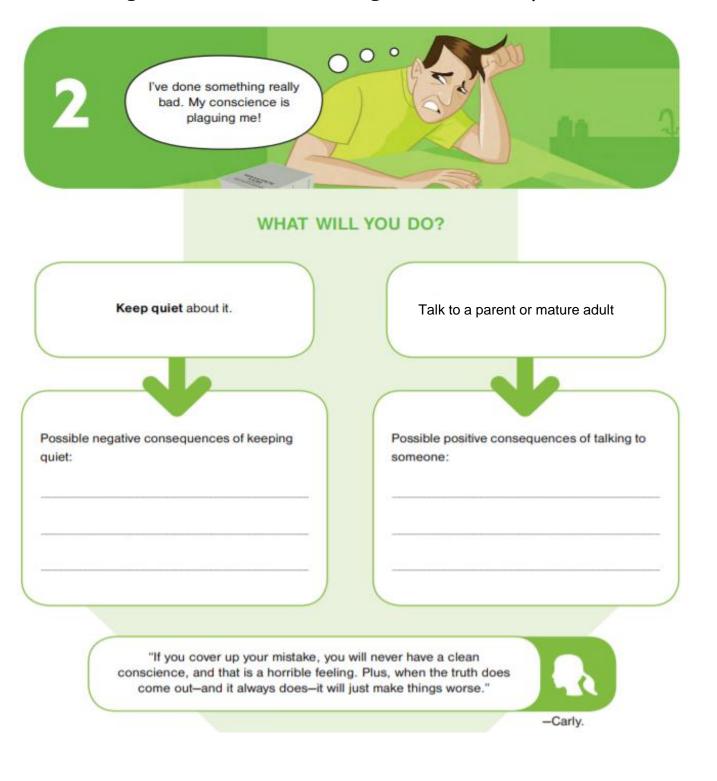
Next, explain that lying has the potential to ruin good things. Your child will then need to add some salt on their cake, and taste it again. It will probably not taste good!

Finally, have them cover the salt with icing and taste it once again.

Explain that the salt is like telling a lie, even if you do something good after you lie, you can never undo the damage you caused. Dishonesty cannot be covered up and forgotten about.



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## WHAT WILL YOU DO?

