

Good Evening

Welcome to our 2023 Residential meeting

Monday 15th May to Wednesday 17th May





Mrs Saxton



Mrs Stirk



Mrs Kite



Mr Stephenson



Mrs Winnett



Mrs Allen

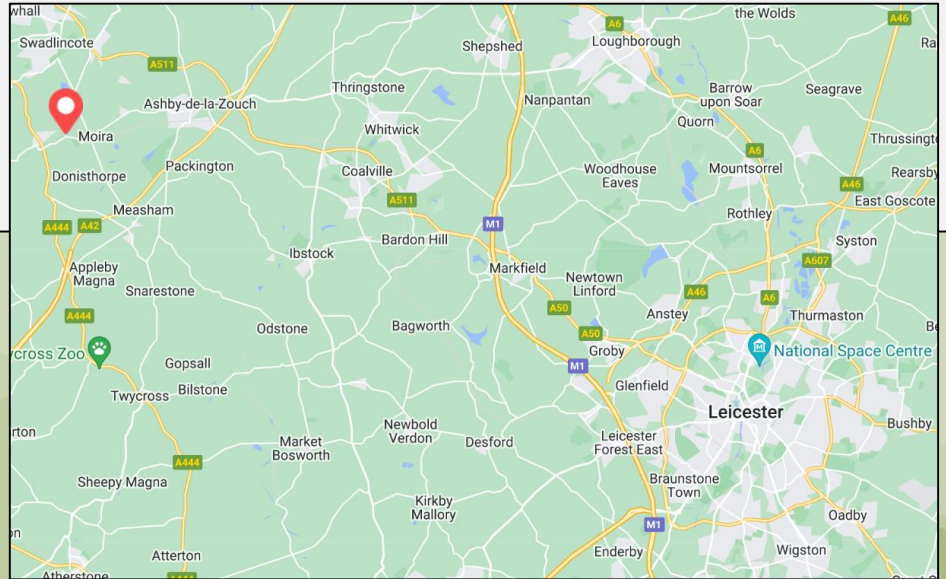
**Meet
the
Team**

Where are we staying?

We are staying for three days/two nights at the YHA National Forest, located in the heart of the National Forest, just one mile from Conkers discovery centre, and is surrounded by young and developing woodland, cycleways and Great Britain's newest canal.

The National Forest is a national environmental project with the aim of creating one constant area of woodland spanning the gap between the ancient forests of Charnwood in the east to Needwood in the west.

We leave school first thing on Monday 9.15am and return on Wednesday around 2:30pm, depending on traffic.
Please bring your child to the hall at 8.30 am



YHA National Forest, Swadlincote

An eco-friendly hostel which offers purpose-built en-suite accommodation next door to the Conkers visitor Centre.

The hostel can hold up to 74 people, has group catering facilities and classrooms available, making it ideal for our needs.



The hostel



The rooms at National Forest are lovely.

Each room consists of 3, 4 or 5 bunk beds and will each have an en-suite or bathroom next door.

No bedding will be required as it is all supplied by YHA.

All rooms will be same sex rooms.



The National Forest site is fully secure.

We have exclusive booking during our visit. We will be the only party in the hostel.

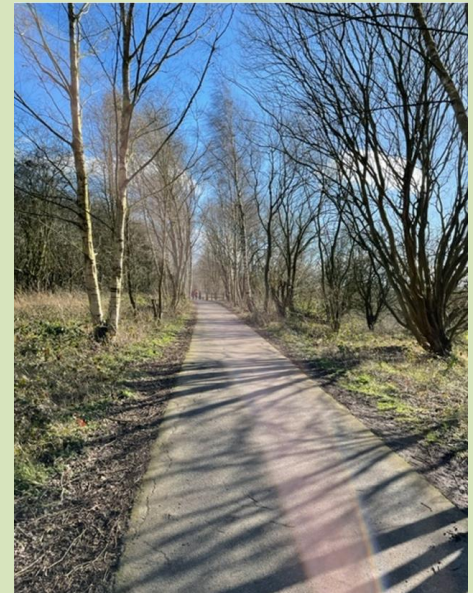


YHA National Forest, Swadlincote

We will use the centre as a base for breakfast, evening meal and accommodation.

Children will only need a packed lunch on the 15th May.
Dietary requirements will be catered for.

We will walk to the Conkers site to take part in a range of activities that they provide. It is approximately a 10 minute walk from the centre, along safe, well-marked footpaths.



When we are not at Conkers...



There is a secure outside space where the children can play, run around or sit and draw.



We also have indoor space where we can have a film night!



Activities...



The amazing aerial experience at Conkers offers an awesome adventure built for you to conquer!

Hi-Lo Ropes



Activities...



Orienteering

Using their Conkers maps, the children go in search of clues and riddles located across our Discovery site.

Activities...



Assault course challenge

Work as a team navigating your way over and through 18 obstacles including a climbing tower, a scramble pyramid, a zip wire, monkey bars, swing-bridge, our log walls, net climbs and a hammock-bridge.

Activities...



Cata-canoeing

Paddle a twin hulled canoe, large enough for 6 people. This easy to paddle, very stable craft allows you to play about and have loads of fun on the river.

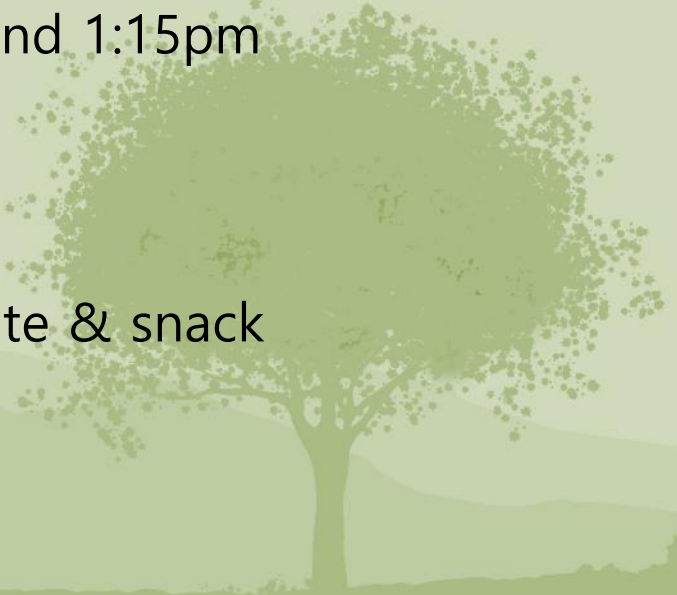
Activities

- Fully qualified activity instructors lead all activities
- Children are encouraged and praised during activities but are NEVER forced to take part if they are not comfortable doing so
- Teaching staff will also be present at each activity



A typical day looks like this:

- Breakfast is served at 8:00am
- First activities start around 10.00am
- Lunch time allocation between 12:30pm and 1:15pm
(depending on activities)
- Evening meal time served around 5:30pm
- Evening activities followed by hot chocolate & snack
- Lights out by 9:30pm



Sleeping away from home...



- Girls and boys sleep in separate rooms and teacher's rooms are located close by to allow for plenty of close supervision
- Children will NOT need to provide their own bedding. One of their first jobs will be to make their beds!
- Each room has an en-suite toilet and shower.
- Children will be grouped with their friends.

Safety and well-being

We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.

Conker's policies and procedures are designed to make sure they adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aider on centre 24/7
- All staff are fully DBS checked

We have found the best way to help children cope with being away from home is to keep them busy having fun!

Medication

Please can all medications be brought into school on Friday 12th May, labelled ready for your trip on Monday.

Should your child need this over the weekend, please let us know and we will expect it on Monday morning – labelled.

Should your child be issued medication over the weekend you will need to bring that in labelled on Monday morning. This will then require you to fill a form in before the trip.

TRAVEL SICKNESS

If your child usually suffers with travel sickness, please ensure that Monday's dose is administered at home before coming into school. The tablet for Wednesday's return journey needs to be brought into school on Friday 12th May in an envelope, marked with the child's name and time to be taken.

COVID

Should your child display any signs of COVID prior to the trip, we would ask that they take a PCR test.

Also, if they have been in close contact with someone who has COVID, we would ask that they do a lateral flow test before coming to school Monday morning.

What will your child need?

Night clothes	Towel, flannel, soap, toothpaste and toiletries (no aerosols please)
2 Pairs of trainers or walking boots	Plenty of socks and underwear (including at least one pair of long socks required by some activities)
T shirts (a few)	Tracksuit bottoms / leggings / joggers. (3 days)
Waterproof jacket/ Coat, hat & gloves.	Sweatshirts/zip up fleece (essential: some activities can only take place if long sleeves are worn; also, hooded tops are not recommended due to safety considerations)
Sun cream. Hopefully!	A bin liner or plastic bag for dirty/wet clothes.
Small teddy (just 1)	Hair brush, hair bands for long hair.
	Drinks bottle labelled with your child's name (pref 2).

Please encourage your child to be involved in the packing, and try to label all clothing. And remember, your child may well need to carry their bag, possibly climbing stairs, so the lighter, the better! ~ We are only going for 3 days!

What will your child **WILL NOT** need?

- Electronic devices – this includes phones, cameras, gaming devices
- Valuables – jewellery, money
- Food – sweets, crisps, biscuits
- Wellies – **ONLY** trainers or walking boots



Code of Conduct

We expect that the children represent our school at all times in a positive manner.

Please talk to your child about the expectations of behaviour during the trip.

- Listening
- Not talking over instructors
- Following instructions

This is for their safety!

Thank-you for attending our information evening

