

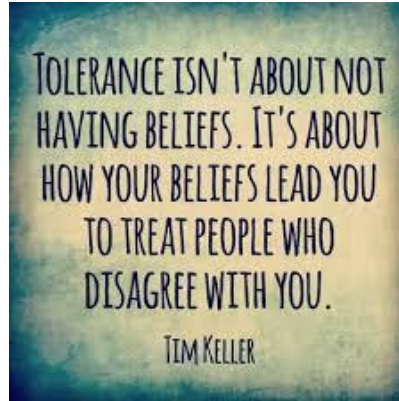
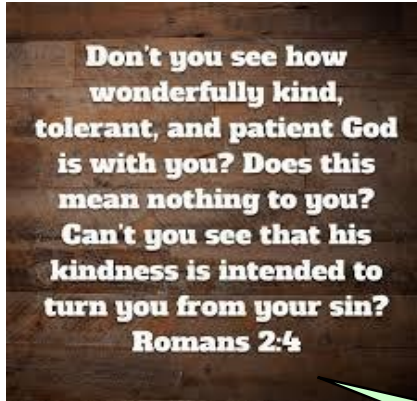
# Shine a light

on...

## Tolerance



21<sup>st</sup> June



What does the Bible say about Tolerance?

*Tolerance is when you accept others who are different in their race, culture, habits, and even beliefs. Throughout our lives, tolerance plays a crucial role in fostering understanding, empathy, and harmony among individuals. It is the cornerstone of a diverse and inclusive society, where every individual is valued for their uniqueness.*

*You can accept your friends no matter how diverse, or different, they are from you. It is most needed when we don't agree with someone, or when they are different from us. It's about learning to discuss things and disagree with people without getting angry or upset.*

*In school, in order for everyone to feel safe and valued, we practise tolerance and respect through kindness and being patient. By encouraging open-minded discussions, embracing varying perspectives, and standing up against prejudice, we pave the way for a safe and nurturing environment where all individuals feel included and supported. We understand that some things take time and it is good to wait. We encourage curiosity, so that we can ask questions and listen, without judgement. With these qualities, we can develop tolerance and embrace difference positively.*

**Choose a diversity-themed book from our library.**

There are many great, books that teach us about diversity and accepting others for who they are.

Some books to start with include:

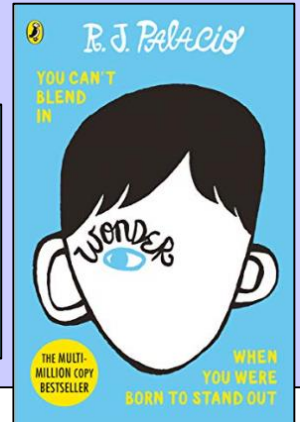
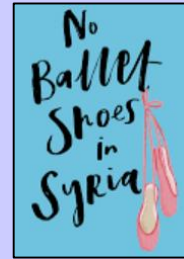
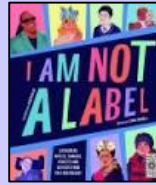
8 years up:

Wonder (R Palacio)

We are Britain (B Zephaniah)

I am not a label

No ballet shoes in Syria (O Rauf)



Artwork can show so much, small space!

Create a piece of artwork that illustrates

tolerance in our local community or world-wide. Make it as colourful and meaningful as you can. Here are some examples below.



Have a culturally diverse meal theme once a week /fortnight. Research traditional meals and recipes and involve the family in cooking them.



Take a photo of what you cooked and write about how you felt.

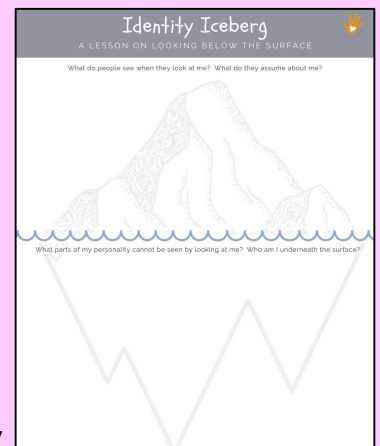
Identity (who we are) is like an iceberg. There are only certain characteristics about people that are visible above the surface but most of what makes us who we are is actually hidden until people get to know us better. This is why it is so important for us to never judge someone based on what we can see when we first meet them.

We need to get to know who a person really is inside (beneath the surface) and not make assumptions about them based on physical and other visible characteristics.

Fill out the iceberg by writing down your characteristics that are visible to most people above the surface.

Next make a list under the surface of the things that people wouldn't know about you until they really got to know you. Here are some things to think

about when filling out your iceberg: age, race, gender, religious beliefs, sports, extracurricular activities, hobbies, values, food preferences, personality, work habits, strengths and weaknesses etc

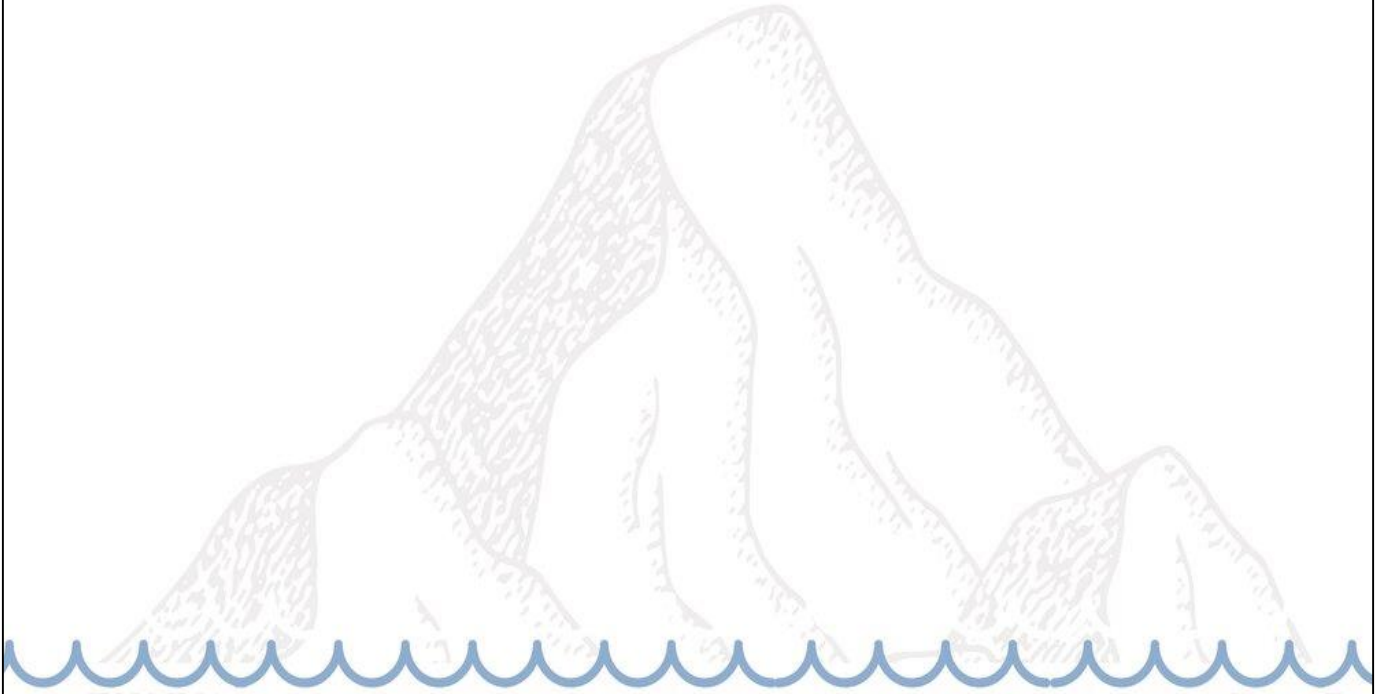


# Identity Iceberg



A LESSON ON LOOKING BELOW THE SURFACE

What do people see when they look at me? What do they assume about me?



What parts of my personality cannot be seen by looking at me? Who am I underneath the surface?

