



# Church Hill C. of E. Junior School

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Headteacher: Mrs S.A.M. Kirk



Dear Parents/Carers,

## Chocolate Spread



We would like to remind all parents and carers that we are a nut-free school and that we have children attending who have severe nut allergies, some of which have airborne allergies. Allergens can be transmitted by touch, cross-contamination, or particles in the surrounding environment.

**Therefore, we cannot allow children to have any form of chocolate spread in their packed lunch or breaktime snack.**



Whilst we appreciate there are a couple of brands of chocolate spreads available which are nut free, the majority of chocolate spreads have nuts listed as one of their main ingredients. As this is the case, we are imposing a blanket ban on all chocolate spreads to ensure the safety of our children.



For ideas of healthy alternatives for your child's packed lunch, please have a look at the following link from the NHS:

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes#lunchbox-tips>



We would like to thank you in advance for your full support in this matter.



With kindest regards,



Mrs Kirk  
Head Teacher



Assistant Heads:  
Mrs D. Brown  
Mrs M. Sudera



Chairs of Governors:  
Reverend T Day